



DR PANAHPOUR

THE SYSTEMIC DENTIST

Dr. Panahpour is Quoted as a TMJ Expert

Systemic Dentist ~ June 7, 2018

Dr. Panahpour has been asked to share his expertise in a series of blog posts about TMJ for the blog ScarySymptoms.com.



“It (TMJ) can be caused by anything that causes a chronic stress on the body,” says Alireza Panahpour, D.D.S, a Seattle-area biological dentist and author of *The Good Dentist*.

[Read the Article](#)

Dr. Panahpour's take: Anything that's a chronic issue on the system can become a cause of TMJ, including physical, mental or spiritual issues.

Diseases That Can Cause TMJ: <http://scarysymptoms.com/2018/05/diseases-that-can-cause-tmj-disorder-from-benign-to-cancer/>

Can Sleep Apnea Cause TMJ?: <http://scarysymptoms.com/2018/05/can-obstructive-sleep-apnea-cause-tmj-disorder/>



Dr. Panahpour uses Autonomic Response Testing (ART) as one check for diagnosis of TMJ. Alignment of the rest of the body begins with alignment of our bite.

Dr. Panahpour uses [Autonomic Response Testing \(ART\) as taught by Dr. Dietrich Klinghardt](#), M.D., PhD. ART is a very advanced, accurate and non-invasive method of muscle testing to assist in diagnosis of TMJ/TMD and bite malalignment, which can affect posture, strength and whole-body alignment.